

## **ADVOCACY AND HEALTHCARE HELP FOR MUSICIANS IN NEED**

### **Food and Grocery Bills**

Many people are eligible for SNAP benefits (food stamps). To find out more or apply, click on the state where you live:

[Pennsylvania](#)

[New Jersey](#)

[Delaware](#)

For food pantries near you, go to [Philabundance](#) and type in your zip code.

### **Free and Low Cost Health Care**

[Health Centers in Southeastern Pennsylvania](#)

[Health Centers in New Jersey and Delaware](#)

### **Health Insurance**

Many people are eligible for medical assistance. Get health insurance to help pay for your health care. To find out more or apply, click on the state where you live:

[Pennsylvania](#)

[New Jersey](#)

[Delaware](#)

### **Dental Care**

[Temple School of Dentistry](#)

[University of Pennsylvania Dental Clinics](#)

### **Heat and Utilities**

Low Income Home Energy Assistance Program (LIHEAP). To find out more or apply, click on the state where you live:

[Pennsylvania](#)

[New Jersey](#)

[Delaware](#)

[Utility Emergency Services Fund](#) (Philadelphia only)

Utility Company Customer Assistance Programs include:

[Philadelphia Gas Works Customer Responsibility Program](#)

[PECO Energy Customer Assistance Program](#)

[Philadelphia Water Department Customer Assistance Program](#)

[Low Income Phone Service](#)

### **Grants and Financial Assistance**

[Jazz Foundation of America](#)

[MusiCares](#)

### **Counseling and Community**

[Alcoholics Anonymous](#)

[Community Behavioral Health](#)

[Hispanic Community Counseling Services](#)

[LGBTQ Counseling at Emerge Wellness](#)

[The Center for Growth](#)

## **Aging**

[Area Agencies on Aging in Pennsylvania](#)

[Benefits CheckUp](#)

[Center for Advocacy for Rights and Interests of the Elderly](#)

[Meals on Wheels](#)

[New Jersey Department of Health and Senior Services](#)

[Philadelphia Corporation for Aging](#)